



“Never stop learning; when we stop learning, we stop growing.”

- Loyal “Jack” Lewman

Academic Foundations E-Learning Programs

Whether seeking a deeper knowledge of unfamiliar subject areas or looking to gain a comprehensive understanding of particular subjects, these courses cover everything from basic accounting principles to American history, Biology and college-level Algebra. With these courses, students can gain the foundational knowledge to satisfy simple curiosity or be introduced to a brand new field. We believe education is a lifelong endeavor, and our Academic courses offer an extensive catalog aimed at academic enrichment for all students. These comprehensive courses offer a sophisticated look at each fascinating subject in a self-paced, student directed format that is convenient and accessible to any student, any time!

Academic Foundations eLearning Programs	Contact Hours	Tuition
English Composition I	48	\$ 219
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College Algebra	48	\$ 229
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Introduction to Economics	48	\$ 229
Microeconomics	48	\$ 229
Macroeconomics	48	\$ 229
Environmental Science	48	\$ 219
Public Speaking	48	\$ 199
Anatomy and Physiology	48	\$ 219
Introduction to Biology	48	\$ 219
Introduction to Sociology	48	\$ 209
Introduction to Psychology	48	\$ 229
Student Success	48	\$ 239
American Government	48	\$ 129
American History I	48	\$ 199
American History II	48	\$ 199
Critical Thinking	48	\$ 199
Research Methods	48	\$ 209



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Introduction to Psychology

The Introduction to Psychology course takes students through the basic concepts, theories, research methods, and contributions to the understanding of human behavior taking students through the various complexities of human development, the motivations for our thoughts, feelings and behavior as well as the role of sexuality, gender, heredity and genetics as applied to human behavior overall. Students will have the opportunity to analyze various psychological disorders, “normal” behaviors and the basis of the psychology behind learning, memory and experience. Psychology is a broad field that examines hundreds of different areas but this course drills down into those most commonly addressed topics including the nervous system, perception, learning and memory, personality, motivation, developmental and clinical psychology.

Introduction to Sociology

The Study of Sociology allows us to understand the structure and dynamics of our society and other societies the intricate connection to human behavior within it and the individual life changes that affect it. Sociology examines the way in which humans interact with each other, whether as individuals, groups, organizations, communities, or various social and economic classifications including sex, age, race, or class. Throughout this course, students will take a look at culture, values, socialization, cooperation, conflict, inequality, deviance, violence, social conflict and control alongside the different social stratifications that make up our existence, our relationships and our everyday lives. Students who complete this course will gain a comprehensive understanding of Sociology, its origins, theories, applications and implications.

Introduction to Biology

Biology is the study of life – from the smallest of organisms no larger than single cells to the most complex plants and animals that make up the world we live in. Students completing this course will gain a fundamental understanding of the biological principles and the properties of life, considering the structure and function of plants and animals, their relationship to various organisms, to each other and the environment they inhabit. Taking an in-depth look at cell biology principles, reproduction, development and growth, students will begin to understand the mechanics of evolution, inheritance and genetics. Students will learn the various ways for classifying different organisms, animals, and plants, the characteristics and distinctions between them as well as the way in which all of these organisms contribute to the overall environment.

Anatomy and Physiology

While Anatomy refers to the structures associated with the human body, physiology covers the function of each of these structures – one is almost inextricable from the other. This course provides an overview of the anatomical structures and physiology of the human body. Each body system is discussed in terms of the major anatomical structures and functions including how each system participates in homeostasis of the body. In addition, the course discusses selected major pathologies, including disease definitions and causes, signs and symptoms, diagnostic procedures, and possible treatments. Finally, the course discusses common issues and changes that occur in each body system through the lifespan.

Environmental Science

Environmental Science involves the interdisciplinary approach to our world in terms of the history of environmental concerns, biomes, species interaction with each other and their environment, air, water, soil and biological resources, population dynamics, toxicology, energy sources, land use management and other related topics. All different sciences combine to make up the complexities of environmental science and students embarking on this journey will gain a comprehensive understanding of how these interconnected disciplines all interact to create the environment we occupy.

English Composition I

English Composition I offers students the opportunity to gain the rhetorical foundations that prepare them for the demands of academic and professional writing. In this course, students will learn and practice the strategies and processes essential to successful writing. Students will have the opportunity to really break down the writing process and see how it is useful in constructing and finally writing their own work. Students will discover various styles and sentence structures that can alter the meaning and impact of their writing and ensure they have the tools necessary to convey the meaning they intend, communicate their thoughts effectively and clearly and ensure their writing is presented professionally in terms of grammar, spelling and other issues that can otherwise inhibit successful writing.

English Composition II

As a continuation from English Composition II, this course focuses on the analysis, synthesis and drawing of conclusions from research and study into external sources. Professional and academic writing requires students to be able to bring in a multitude of facts, points of view, opinions and studies that can inform the writing they’re pulling together, illuminating the message they trying to convey or supporting the position they’re aiming to take. Writing in this course will take students through the entire writing process from brainstorming to draft to final polished essays and revisions.

Student Success

This course provides students with the information and skills they need to succeed in their studies, including setting academic goals, managing time and financial resources to meet those goals, and developing an awareness of how they learn. Students also build thinking, listening, reading, study skills, note-taking, test-taking, and information literacy skills. The course also includes discussions on stress management and career development. Throughout, students will apply critical thinking skills to solve problems and evaluate situations.

Critical Thinking

Critical Thinking and the ability to employ and apply sound, logical reasoning to a problem is essential to success on any project in any field. This Critical Thinking courses focuses primarily on arguments, their nature, their use and importance. This course offers students an understanding of critical thinking processes and those methodical processes necessary for effective reasoning and improved cognitive skills. The course is aimed at developing intellectual dispositions that are essential to the effective evaluation of truth claims. From there, the course shows students how to arrive at reasonable conclusions and make decisions based on what is true, or what is believed to be true.

American Government

The United States government offers a case study in revolution, emerging democracy, global politics, civil rights, capitalism and civics. This course introduces students to the fundamentals of American government and politics focusing on the historical evolution of government and policies, the major institutions, and the major processes. This course offers students a chance to study the origins, development, structure and function of American government, its predecessors and unique characteristics, projected potential and possible limits. Throughout the course, students will evaluate the various characteristics unique to American government through the critical lens of history and current international developments with a constant eye toward future limitations or promises still to be met. The great experiment that is American democracy and government covers fundamental lessons in constitutionalism, federalism, checks and balances, bureaucracy, civil rights and civil liberties as well as the importance and effects of political participation and behavior as it impacts policy formation.

American History I

American History offers one of the most unique and interesting portraits of a successful nation built from the humblest of beginnings. The first of 2 essential parts, American History I explores the evolution of the United States from native American origins and eventual colonial beginnings through to the end of the Civil War and Reconstruction, one of the most significant turning points in American History. Offering students an in-depth look at the fascinating developments that make up American History, students will gain a fundamental understanding of the history that has led to a successful nation today, the roots of various difficulties that continue to test the United States and the basic foundations that have endured through history to guide decisions for years to come. This course delivers a broad survey of American history from New World exploration and settlement through the Civil War.

American History II

Building on the foundations explored in American History I, this continuation of the study of American History is another essential piece of general education. American History II takes students through the major political, economic, social and cultural events that took place in the United States after Reconstruction, beginning in 1877, that shape the American landscape even today. Students will see how the United States government and people enveloped the concept of imperialism through Manifest Destiny as well as the global influence that would grow from this initial movement. Students will also develop an understanding of the events and policies that led to the emergence of the United States as a global superpower including the First and Second World Wars and the resulting Cold War as well as the other 3 wars that would inform American global strategy for years. Alongside this discussion, students will explore the major economic developments – the Industrial Revolution and the Great Depression, in particular – that contributed to the US global position as well. Finally, this course offers students a broad survey of American history in order to understand how various social and political strides including civil rights, women’s rights and other influential cultural developments contributed to the American experience throughout the 20th and 21st Centuries.

Research Methods

The Research Methods course takes students through the fundamentals of qualitative research from gathering data, developing surveys, and recording sources properly to thinking critically about your findings and challenging yourself to draw unexpected conclusions from your efforts. More often, the challenge to research is synthesizing your discoveries into written form – turning a collection of notes into a final expression or argument. This course will show students how to get from start to finish on a research project through proven strategies alongside emerging trends in internet and digital research.